

Mannings Food Menu

FOOD SERVED BETWEEN 11AM and 9.30PM

If you have any special dietary requirements or allergies please let us know

Starters

Marinated Mixed Olives With crusty white bread	£4.95
Today's Fresh Soup With a selection of mixed bread	£4.95
Smoked Salmon Plate With mixed leaves and multi seeded bread	£8.25
Pan Fried, Shell on King Prawns Simply pan fried in lemon, garlic and white wine	£8.95
Oriental Style Cornish Crab, Green Bean and Noodle Broth With a selection of mixed bread	£5.95
Baked Crusted Westcountry Goat's Cheese With roast honey fig tossed mixed leaves	£7.50
Grilled Local Mackerel Fillets With chilli flakes and rock salt, lime, pickle, potato and spring onion salad	£6.95
Pan Fried Portabello Mushrooms With garlic butter, black pepper, crème fraîche and toasted Baker Tom's red onion and Parmesan bread	£7.25
Beef Tomato and Buffalo Mozzarella Salad With black olive tapenade, Parmesan croutons, endive and fresh rocket pesto	£7.50
Pan Seared Teriyaki Beef and Cashew Nut Salad With tossed mixed leaves and daikon radish	£7.00

Lunch

Our baguettes, sandwiches and omelettes are served between 11am and 5pm

SANDWICHES

Mannings Honey and Mustard Glazed Roast Flaked Ham £8.95
On Baker Tom's red onion and Parmesan bread with homemade piccalilli fries or house salad

Locally Smoked Mature Cheddar Cheese £7.95
On Baker Tom's red onion and Parmesan bread with homemade piccalilli fries or house salad

Crayfish, Guacamole and Cream Cheese £8.95
On malted multiseed bread with fries or house salad

Chargrilled Chicken, Chorizo and Mozzarella Cheese Melt £8.95
With toasted focaccia bread and fries or house salad

BAGUETTES

Steak with Mushrooms, Onions and Salad Garnish £8.50
With fries or house salad

Bacon, Lettuce, Tomato and Salad Garnish £7.25
With fries or house salad

OMELETTES

Spanish Omelette - Potatoes, Red Onion and Peppers £8.50
Served open faced with fries or house salad

Cheese, Ham, or Mushroom £8.50
With fries or house salad

OR

Choose **THREE** ingredients from the list below and have the Omelette served open faced and glazed with **Mozzarella and Cheddar Cheeses** £8.95

Mushrooms Sun blushed tomatoes

Crayfish Smoked chicken

Smoked Cheddar cheese Olives

Smoked salmon Spinach

Ham Pesto

Mains

Locally Smoked Chicken and Bacon Caesar Salad	£12.95
Crisp cos lettuce, croutons, Parmesan shavings, anchovy fillet and hard boiled egg in caesar dressing, topped with sliced smoked chicken and toasted garlic focaccia	
Goujons of Fish	£11.95
Strips of local fish deep fried in a light tempura batter; salad garnish, fries and garlic mayonnaise	
Tempura Fish or Chicken	£13.95
On stir fry vegetables and chilli noodles	
Locally Hot Smoked Salmon Salad	£12.95
Tossed mixed leaves and salad vegetables topped with lemon and chive cream cheese Lemon and dill dressing. Side order of your choice	
Mannings Authentic Chilli Con Carne	£11.95
Chunks of beef and smoked pork slow braised with half a dozen spices, tomatoes and mixed beans Served with toasted flour tortillas, guacamole and soured cream	
Classic Homemade Burger	£10.95
Mayonnaise, lettuce, tomato and onion served in a tiger bap with fries or house salad Or add any two of the following: bacon, cheese, dill pickle, mushrooms	
Mannings Vegetarian Mushroom Burger	£7.95
Roasted field mushroom, homemade battered onion rings and Swiss cheese with fries or house salad	
Roast Butternut Squash	£10.95
Stuffed with butterbeans, leeks, sweet romano red peppers with a toasted almond and herb crust	
Blackened or Chargrilled Chicken	£10.95
With basil oil and cherry tomatoes. 2 side orders of choice	
Cornish Hand-Cut Fillet Steak	£21.95
With plum tomato, field mushroom and port wine jus. Side order of your choice	
Cornish Hand-Cut Rib Eye Steak	£19.95
With plum tomato, field mushroom and port wine jus. Side order of your choice	
Mannings Shredded Rump Steak Sizzler	£12.95
With sautéed new potatoes, mushroom, onion and Stilton cheese	

SIDE DISHES

£3.00 each

French fries	Mixed bread
Steamed vegetables	Pan fried mushrooms
House side salad	Sweet chilli noodles
Buttered new potatoes	Tomato and onion salad
Toasted garlic focaccia	Caesar salad

Desserts

Homemade Cheesecake of the Day	£5.25
Homemade Chocolate and Fudge Torte Served warm with dark chocolate and rum sauce	£5.95
Homemade Rhubarb Crumble Sundae Warm rhubarb compote layered with Rodda's clotted cream, Cornish vanilla ice cream and chewy crunchy crumble pieces	£4.95
Roskilly's Ice Cream Ask your server for todays flavours	£5.95
Roskilly's Sorbet Ask your server for todays flavours	£5.25
Selection of Local and Farmhouse Cheeses With grapes, chutney and mixed biscuits	£6.95

ASK TO SEE OUR DAILY DESSERT SPECIALS