

M WELCOME TO MANNINGS

Debit and Credit card payments only please

We have introduced a discretionary 7.5% service charge, which is shared out between our staff. If you do not wish to pay this, please let our staff know so we will happily deduct from your bill.

If you have any dietary or special requirements please speak to our staff so we can best cater for your needs.

LUNCH 12-4.30PM

TIFFIN BOXES

£18.00

Asian Meat

Crispy Korean bao bun, curried pork croquette, honey and soya duck salad, steamed rice and crackers.

Asian Fish

Chilli coconut king prawns, teriyaki salmon, fish goujons, steamed rice and crackers.

Mediterranean Vegetable

Four cheese arancini ball with ratatouille and tomato coulis, roasted cauliflower steak and avocado & tomato panna cotta.

Fillet Steak Baguette

£17.50

Aged steak, onions and mushrooms, glazed in soy sauce in a warm crusty buttered baguette, served with French fries.

Cornish Chicken Baguette

£16.50

Caramelised chicken sautéed with onions and peppers, served in a warm crusty buttered baguette, served with French fries.

Italian Vegetable Omelette

£15.50

Roasted Italian style vegetables, topped on a Cornish egg omelette and gratinated with a herb and four cheese crust, served with French fries or house salad.

6oz Sirloin Steak, Frites and Peppercorn Sauce

£20.00

Aged centre cut sirloin, chargrilled to your liking and served with French fries and a creamy peppercorn sauce.

Seafood Chowder

£16.00

A selection of Cornish fish and shellfish combined with white wine, Rodda's cream and Cornish vegetables. Served with home made bread.

Chef's Lunchtime Special of the Day

Please ask one of our staff members for today's selection.

ALL DAY 12-LATE

STARTERS

Cornish Olives, Breads, Pesto, Balsamic Olive Oil for Two People

£12.00

Cornish olives, toasted home made bread, hazelnut pesto, balsamic and olive oil dip.

Chilli Coconut King Prawns

£9.00

Marinated king prawns, panko crusted and cooked until golden brown, served on an Asian salad and dipping sauce.

Korean Crispy Chicken Breast Bao Bun

£8.50

Served on a salad of kimchi, radish, crispy fried shallots and pickled chillies.

Honey and Soy Duck Breast Salad

£9.00

Tender slices of duck breast served on candied beetroot and pickled cucumber with a honey, soy and sesame seed glaze.

Pork Masala Croquettes

£9.00

Tender pork shoulder slow cooked in Indian spices and served on a masala sauce with crisp onion bhajis.

Avocado Panna Cotta

£9.00

With a roasted tomato and herb compôte, pesto, mozzarella balls with balsamic glaze.

Artichoke, Mushroom and Truffle Velouté

£8.50

Served with home made bread.

MAINS

All our grill items come with a side order of your choice and roasted vine tomatoes

FROM THE GRILL

7oz centre cut, aged fillet steak

£32.00

10oz centre cut, aged sirloin steak

£29.00

10oz Cornish chicken supreme

£19.00

8oz steak burger with bacon and cheese

£18.00

FROM THE FAR EAST

Indian Thali Platter

£24.00

Tandoori salmon fillet, curried pork croquette, deli style chicken chapati, with steamed rice and poppadom.

Thai Tasting Platter

£24.00

Thai green curry, chilli coconut king prawns, pork laab salad, with steamed rice and prawn crackers.

Japanese Tasting Platter

£24.00

Chicken katsu curry, teriyaki salmon, Nikuman steamed pork bun, with steamed rice and prawn crackers.

FROM OUR CLASSICS

Fish Goujons

£17.00

Market fish of the day, served in Japanese bubble batter, with French fries, pea purée and tartare sauce.

Steak and Stilton Sizzler

£19.00

Aged beef combined with onions, mushrooms, new potatoes and Stilton cheese, served with a side order of your choice.

Tempura Sweet Chilli Chicken Noodles

£18.00

Slices of chicken breast served in a crisp batter, coated in sweet chilli glaze and served on wok fried vegetable noodles.

Thai Chicken Curry

£18.00

Mannings style Thai green curry, with steamed jasmine rice and prawn crackers.

FROM THE EARTH

Roasted Celeriac, Spinach

£20.00

and Sweet Potato Wellington
Served on roasted cauliflower steak and a sweet mustard and shallot cream sauce.

Four Cheese Arancini

£18.00

Panko crumbed, served on roasted ratatouille with a basil & tomato sauce.

SIDES

ALL £4.00

French Fries

New Potatoes

House Salad

Home Made Bread

Marrow Bone and Port Wine Jus

Creamy Peppercorn Sauce

Steamed Vegetables

Wok Fried Soft Noodles

DESSERTS

all desserts £9.00

Salted Caramel Belgian Waffle

Salted caramel ice cream on a warm Belgian waffle with roasted banana, espresso syrup and candied pistachio.

Chocolate...Chocolate...Chocolate

An After Eight chocolate scented cake, with a milk chocolate mousse and a bitter cocoa nib meringue.

Mango, Passionfruit and Lime Mousse

With honeycomb shards and candied nuts.

Winter Crème Brûlée With Shortbread Biscuits

A Selection of Callestick Ice Cream and Sorbets

Please ask one of our staff members for today's selection.

Cornish Cheese Platter

£12.00

A Westcountry cheese platter, Cornish brie, Cornish blue and yarg, served with an orange and cinnamon chutney with crisp apple, celery and crackers.