

# LUNCH MENU

SERVED 12 noon - 4:30pm

Debit and Credit card payments only please

We have introduced a discretionary 7.5% service charge, which is shared out between our staff. If you do not wish to pay this, please let our staff know so we will happily deduct from your bill.

If you have a strict dietary requirement or allergy please bring it to our attention so we can advise you on your options.

## LIGHT BITES

Cornish Marinated Olives, Grilled Focaccia, Balsamic Oil	V.G £5.50
Cauliflower Pakoras, Chilli Pickled Shallots, Curried Velouté	G.F, V.G £5.50
Teriyaki Pork Belly, Apple Chilli Jam, Pepper Chards	£6.50
Jamaican Jerk Chicken, Pineapple Salsa, Fiery Curry Glaze	G.F £6.50
Tempura Prawns, Asian Salad, Dipping Sauce	G.F £6.50

## CLASSIC & NEW

Fish Goujons, Market White Fish in Crisp Batter, French Fries, Minted Pea Puree, Dressed Local Leaves	G.F £17.95
Steak & Stilton Sizzler, Caramelised Mushrooms, Onions, Thyme New Potatoes & Served with a Side Order	£19.95
Tempura Sweet Chilli Chicken, coated in Sweet Chilli Glaze & Served on Wok Fried Vegetable Noodles	G.F £17.95
Tempura Sweet Chilli Vegetables, coated in Sweet Chilli Glaze & Served on Wok Fried Vegetable Noodles	V.G £16.95
Thai Chicken or Vegetable Green Curry, Steamed Jasmine Rice, Authentic Crackers	G.F £17.95
Open Steak Sandwich, Red Onion Jam, Butter Lettuce, Chimichurri Sauce on Rosemary & Sea Salt Focaccia	£17.50
Cornish Chicken Supreme Roasted with Asparagus, Pancetta & Thyme Risotto with Sherry Vinaigrette	G.F £18.50
Today's Fish of the Day (Ask for today's catch)	£17.95
Goat's Cheese, Sugar Syrup Carrots, Roasted Beetroot, Beetroot Ketchup, Balsamic & Honey Glaze	V £15.50
8 oz Steak Burger with Bacon & Cheese and a Homemade Bun, Served with French Fries	£17.95

## SALADS

Bang Bang Chicken, Lime Peanut Dressing, Asian Vegetables, Soft Noodles & Authentic Prawn Crackers	£14.95
6 Garlic King Prawns Served on a Caesar Salad, Sea Salt Focaccia Croutons	£14.95
Summer Green Salad, Avocado, Asparagus, Spinach, Chard, Courgette, Roasted Nuts, Quinoa & Grilled Focaccia	V.G £14.95

## SIDES (all £3.95)

French Fries G.F, V.G	New Potatoes G.F, V
House Salad G.F, V.G	Steamed Vegetables G.F, V
Home Made Bread V.G	Wok Fried Soft Noodles V.G

## DESSERTS

All £8.50

Espresso Martini Panna Cotta, Crystallised Coffee Beans & Shortbread Coins	
Chocolate & Cointreau Mousse, Malted Chocolate Crumble & Orange Jaffa Cake Ice Cream	V
Sticky Asian Ginger Pudding, Toffee Pudding Sauce, Rhubarb & Clotted Cream Ice Cream	V
Frozen Cornish Elderflower and Berry Glory, Elderflower Sorbet, Fresh Strawberries, Gin & Lime Syrup and Vegan Meringues	V.G

### **A Selection of Callestick Farm Ice Cream and Sorbets**

V £6.95

Please ask one of our staff members for today's selection.

### **Cornish Cheese Platter**

£9.95

A Westcountry Cheese Platter, Cornish Brie, Cornish Blue and Yarg, served with an Orange and Cinnamon Chutney with Crisp Apple, Celery

V - Vegetarian    G.F - Gluten Free    V.G - Vegan

Please note, we prepare our food in an environment with allergens and although we take utmost care we can't guarantee that a dish is completely free of any allergen as traces may remain.

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